

OCEANIA CRUISES®

OPTIONAL SHORE EXCURSIONS

REYKJAVIK, ICELAND to OSLO, NORWAY

SIRENA August 16, 2022

Welcome Ashore

Oceania Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations. Your **VIKING VIEWS & VISTAS** cruise offers three pricing options that provide discounts of up to 40% when you reserve your shore excursions before your cruise.

Shore Excursion Points of Distinction

Professional English-speaking experts to guide you through your journey. Peace of mind knowing that your excursions are monitored by the ship's staff. A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port. Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation.

A La Carte Excursions

Individual a la carte shore excursions are available for pre-purchase. Reserving in advance gives you the peace of mind knowing that your tours have been pre-arranged and pre-reserved prior to your arrival.

Oceania Select Excursions

While all of the shore excursions offer extraordinary experiences, some are so outstanding and so awe-inspiring that they merit special recognition. These tours are designated as Oceania Select excursions and offer unique, one-of-a-kind experiences to the passionate explorer wishing to delve even deeper into a region's culture and history.

Oceania Exclusive Excursions

For those travelers who prefer an added measure of privacy, intimacy and flexibility, we also offer our Oceania Exclusive excursions. With a minimum participation of 10 guests, and never more than 16, these excursions benefit from a higher level of personal attention and detail only possible in small groups.

Unlimited Passport Collection Package

For just \$1,039.00 per person, the *Unlimited Passport Collection* affords you the ultimate indulgence - the opportunity to fully experience all that a destination has to offer with UNLIMITED a la carte shore excursions throughout the voyage. You may choose from an array of excursions all for one low price at a **savings of up to 40% off a la carte prices**. As an added bonus, *Unlimited Passport Collection* guests will also receive significant discounts off *Oceania Select* and *Oceania Exclusive* excursions.

Your World Collection Package

Your World Collection provides the flexibility for you to custom design a personalized, value-packed collection of excursions by allowing you to select the exact number of tours you want to take from the entire portfolio. Best of all, **you will save 25% off a la carte prices when you reserve a minimum of 5 shore excursions**.

Guests in suites and concierge-level staterooms enjoy a 60-day priority booking period prior to the 120-day online booking window. If you purchase either the *Your World Collection* or *Unlimited Passport Collections* you also receive priority confirmation of your selections. This added benefit is especially appealing if you wish to ensure that you have a place on the most popular tours in marquee cities such as Venice, Rome, St. Petersburg and Istanbul, to name a few.

All excursion packages have the added convenience of being fully refundable until sail date and must be purchased in advance of sailing to enjoy the maximum savings. Packages will be non-refundable thereafter. A la Carte tours will remain fully refundable up until 36 hours before the excursion.

OceaniaCruises.com

OceaniaCruises.com offers a wealth of information about your cruise: learn about and purchase shore excursions, select pre- and post-cruise hotel packages, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more. You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. And all shore excursions purchased online receive priority processing and guaranteed acceptance. Visit www.OceaniaCruises.com today to pre-purchase any of these packages. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

❖ ISAFJORDUR, ICELAND

ISF-007 A VISIT TO AN ABANDONED VILLAGE

Duration: 4.50 Hrs **Tour Price: \$209.00**



Date: August 17, 2022 08:30 AM

Travel from Isafjordur to the Jökulfirdir Fjord by boat to visit a remote village deserted by all its residents over 60 years ago. The only way to get to Hesteyri is from the water; it's about a 70-minute ride. The tiny settlement never did have any roads leading to it, and no electricity or telephone links. What it did have – and still does – is an outstandingly picturesque setting amidst steep snow-dusted mountains and quiet, secluded coves. Notwithstanding the natural beauty, in the 1940s the 80 inhabitants decided they'd had enough, and by 1952 the last of them had moved away. Many of their structures still stand, little changed from how they were then. And since the village has been an ecologically protected area for decades, the native flora and fauna have had a field day. Hikers here often encounter Arctic foxes, seals, and birds of many types. You'll stroll around the eerily empty village with your guide, enjoying traditional Icelandic refreshments at a house where the doctor used to live. Don't miss this chance for what will certainly be an excursion unlike any other you take this voyage.

- Travel about 70 minutes by boat from Isafjordur to a tiny village along the Jökulfirdir Fjord. No one's home there.
- Enjoy an eerie tour of an entire settlement that was abandoned by its residents in 1952.
- Learn the unusual history of this place from your guide and share traditional Icelandic refreshments at the house where the village doctor once lived.
- Be on the lookout for foxes, seals and sea birds; this has been a wild protected reserve for many years.
- Wear warm, layered, clothing that is wind and water-proof.
- Flat, waterproof walking shoes with a non-slip sole are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. Those prone to motion sickness should take the necessary precautions.

ISF-001 LIFE & CULTURE OF ISAFJORDUR

Duration: 3.00 Hrs **Tour Price: \$189.00**



Date: August 17, 2022 08:45 AM

Travel by panoramic coach on a tour that offers fascinating insights on the lives of those who make the sometimes-harsh landscape of Iceland's Westfjords their home. Beginning from the pier, you'll drive through the streets of Isafjordur and out along the coastal road for a tour of wondrously remote Bolungarvik, a fishing village towered over by its surrounding mountains. Nearby, you'll stop at the outdoor Ósvör Museum, where a century-old fisherman's hut has been restored, complete with the tools of the trade – and the fisherman. On another leg of the journey, you'll find yourself up amidst breathtaking views of the magnificent mountains of the Djup, largest of the West Fjords and the Buna River. Not far from that spot, you'll stop to admire a beautiful stepped waterfall in Tunguskogur and take an opportunity to taste the freshest, clearest mountain water you may ever have encountered. Back in Isafjordur, you'll stop in at the Maritime and Folk Museum, which calls one of the town's oldest and best-preserved houses its home. The museum presents an excellent collection of artifacts related to the region's maritime history – as well as a sizable accordion collection. Gotta have something to do during those long winters.

- Explore the remote Westfjords region by coach, stopping to absorb the local color in its many forms.
- Visit the remote fishing village of Bolungarvik and tour a century-old fisherman's hut nearby in Ósvör.
- Behold stunning mountain vistas along the Djup fjord and taste clear mountain water from a waterfall in Tunguskogur.
- Tour a quirky Maritime and Folk Museum, filled with historic fishing artifacts – and accordions.
- Wear weather-appropriate clothing including a water/wind proof jacket.
- Comfortable, flat walking shoes with a non-slip sole are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 90 minutes of moderate walking and standing, at times over uneven pathways. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to evaluate their personal level of stamina before participating.



Easy Activity

Culinary Discovery

Oceania Select



Moderate Activity

Food & Wine Trails

Accessible Tour



Strenuous Activity

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Meal Included

Wellness Tour



Evening Excursion

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ISF-003 FJORDS AND FLOWERS

Duration: 3.00 Hrs **Tour Price: \$199.00**



Date: August 17, 2022 09:00 AM

See the nature, meet some locals and catch a glimpse of what goes on behind the scenes in small Icelandic fishing towns during this enlightening tour. Included is a breathtaking drive through the West Fjord mountain landscape, where farms and villages huddle on narrow strips of land isolated between rocky ridges and deep fjords. Appearing as if an apparition at one point will be tiny Skrudur, Iceland's oldest botanical garden. You'll go in and have a look around. Over 100 years old, this dot-sized green oasis in the midst of the badlands proves what can be grown this far north. Another curio you'll encounter is the old shark-fishing town of Flateyri, perched on a spit of land projecting out into Onundarfjörður fjord and boasting a current population of about 200. You'll take a guided stroll along main street and into the life of this mountain-surrounded outpost, entering an intimate little church where you'll be treated to an Icelandic music program, and visiting the old bookstore that doubles as the village museum and archive. You'll also have a chance to observe some town women at work in their handcraft workshop and to share a coffee break and chat with the Flateyrites.

- Travel across a ruggedly beautiful West Fjord landscape of steep mountain ridges and sheltered fjords.
- Visit Skrudur, a century-old botanic garden deep in the middle of, well, just about nowhere.
- Take a guided stroll through the fishing village of Flateyri, all on its own on the edge of a fjord surrounded by magnificent slopes.
- Hear Icelandic music in a church, visit an old bookstore that thinks it's a museum, and watch regional handicrafts being made.
- Share coffee and a chat with the locals.
- Wear weather-appropriate clothing including a water/wind proof jacket.
- Comfortable, flat walking shoes with a non-slip sole are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 45 minutes of moderate walking and standing, at times over uneven pathways. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have a companion to assist them. Those with mobility concerns are cautioned only to participate to the extent of their personal stamina and may make arrangements with the guide to skip some of the walking portions of the tour.

ISF-004 THE BIRD ISLAND OF VIGUR

Duration: 3.00 Hrs **Tour Price: \$199.00**



Date: August 17, 2022 09:00 AM

Travel by boat to the island of Vigur, famous for its huge colonies of sea birds and tiny colony of friendly locals. The journey is both scenic and swift; just about half an hour to traverse the Djúpifjörður to Vigur, where a cluster of red-roofed buildings sits tranquilly against a dramatic snow-capped backdrop. This sparsely populated islet is home to thousands of feathered citizens – comical puffins, eider ducks, guillemots and sometimes-overprotective arctic terns who love to swoop. Upon arrival, you'll have a chance to observe local life on the island, where the farmers make a living by harvesting the down of eider ducks – and provide essential protection for their nests and chicks. It's hard not to feel like you've stepped back in time as you meet with the tiny band of welcoming inhabitants. Their relaxed, easy manner and unique lifestyle will certainly make an impression. Once you've seen how the humans live here, you'll take a leisurely guided island walk to see how Vigur's resident birds thrive in their own natural habitats. As your visit draws to a close, refreshments will be served by the farmer's family before the boat ride back to Ísafjörður.

- Skim by boat across magnificent Djúpifjörður to an island where the birds definitely outnumber the humans.
- Be greeted by a family whose farm crop is eider down, collected from the nests of resident ducks they help keep protected from more aggressive birds.
- Take a guided walk around the island to observe the puffins, eider ducks, guillemots and arctic terns who make their home here.
- Enjoy relaxed refreshments and conversation, offered up the farmer and his family.
- Wear weather-appropriate clothing including a water/wind proof jacket.
- Comfortable, flat walking shoes with a non-slip sole are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 90 minutes of moderate walking and standing, at times over uneven pathways. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to evaluate their personal level of ability before participating. It is a short walk from the pier to the touring boat.



Easy Activity

Culinary Discovery

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Moderate Activity

Food & Wine Trails

Accessible Tour



Strenuous Activity

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Meal Included

Wellness Tour



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ISF-010 DYNANDI WATERFALL AND LOCAL VILLAGE

Duration: 6.00 Hrs **Tour Price: \$349.00**



Date: August 17, 2022 09:00 AM

Discover the scenic wonders of the Westfjords peninsula, including thundering Dynjandi waterfall, and then sample fresh seafood in a small fishing village. After departing from the pier, you will settle in for a leisurely and wonderfully scenic drive across Westfjords peninsula, one of the wildest most uninhabited areas of Iceland. Ancient glaciers carved out the peninsula's dramatic landscape, leaving behind deep fjords, steep mountains and craggy inlets. Because the terrain is so harsh, life here has always revolved around the sea, as you will discover while pausing for photos at the waterfront village of Þingeyri. The draw of water is even more powerful farther inland at Dynjandi, the largest waterfall in Westfjords. This natural wonder consists of seven cascades, each with its own name and identity. According to legend, supernatural beings once lived in Dynjandi, whose name means "The Thunderer." It sometimes looks as if people still live inside the waterfall because adventurous hikers often walk behind the roaring cascade and then pop out the other side. Continuing on, you will next visit Suðureyri, a fishing village that was once considerably more remote until a tunnel through the surrounding mountain made traveling there easier. While walking the town's popular Seafood Trail, you will sample fresh fish such as cod and halibut that are caught in the icy waters of the Atlantic. You will also learn how quickly the fish can be delivered from the sea to European fish markets. Please note: This tour includes approximately 75 minutes of walking over grass, gravel and uneven ground. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

ISF-009 CALM FJORD KAYAKING

Duration: 2.00 Hrs **Tour Price: \$249.00**



Date: August 17, 2022 09:30 AM

Kayak the serene waters of the fjord that fronts Ísafjörður, a natural setting enhanced by the many seabirds that flock here to raise their young during the summer. After walking from the pier, you will soon arrive at the kayak station, where you will enjoy a briefing on how to get the most out of your experience. Then, you will ease into a sleek kayak and paddle off into the clear, calm waters of the fjord. Ísafjörður sits in a spectacularly scenic setting, so there will be plenty to see as you paddle between the majestic mountains that rise abruptly from both sides of the fjord. Because of the steep terrain, almost all of the buildings are at the water's edge. Although Ísafjörður is the largest town on the Westfjords peninsula, its population is only a few thousand, and the town has remained remarkably quaint and well worth a photo. You can also expect to see quite a bit of wildlife while kayaking, especially seals and seabirds. Oystercatchers are one of the most common and easily recognized birds because of their coloring. They are black and white with an orange bill and rose-colored legs. You might also spot arctic terns, a bird that makes the world's longest migration. They raise their young while summering in the arctic and then fly south all the way to Antarctica for the winter. They too are easily to identify because of their pointy wings and tails. Please note: Minimum age to participate is 13 years of age and children under 18 must be accompanied by an adult parent or guardian. Participants must be in good physical condition and know how to swim. This tour includes a walk of 5 min to go to/from the place where kayaks are prepared. The kayaks are single kayaks. Kayaking gear and life vest are provided. Tour operation is subject to weather conditions. It is not recommended for guests who utilize a wheelchair. Casual, warm and waterproof clothes and shoes are suggested.



Easy Activity

Culinary Discovery

Oceania Select



Moderate Activity

Food & Wine Trails

Accessible Tour



Strenuous Activity

Go Local Tour



Meal Included

Wellness Tour



Evening Excursion

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ISF-013 WHALE AND NATURE WATCHING

Duration: 3.00 Hrs **Tour Price: \$269.00**



Date: August 17, 2022 09:30 AM

Cruise into the pristine seas off the Westfjords peninsula, looking for some of the more than 20 species of whales and porpoise that feed in these nutrient-rich waters. After departing from the pier in a whale-watching boat, you will cruise into a bay teeming with krill and small fish that whales feed on voraciously. The seemingly endless food supply attracts both humpback whales, minke whales and many others. You will have the opportunity to watch for these fascinating creatures from inside the boat or out on the observation deck. It is a breathtaking sight to see humpback whales acrobatically breaching the water's surface, waving their flukes up and down as they dive, and feeding to fatten up for their winter migration south. You might even spot them bubble-net feeding, a unique technique in which several whales swim in an ever-shrinking circle while blowing bubbles below a school of fish. The bubbles force the fish upwards and cluster them into a column, presenting the perfect opportunity for the whales to gorge themselves. Minke whales are quite a bit smaller, but no less impressive. They have sharply pointed snouts that appear first when they breach. Although minke whales are typically solitary, they are inquisitive and are often spotted swimming alongside vessels or feeding beneath flocks of seabirds. If you see one, it will be a mesmerizing sight you will not soon forget. This tour includes approximately 5 steps. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

ISF-006 EXPLORE THE STREETS OF ISAFJORDUR ON FOOT

Duration: 2.00 Hrs **Tour Price: \$129.00**



Date: August 17, 2022 10:00 AM

Mix with the locals on a walking overview tour of the largest and liveliest town in the West Fjords. Surrounded by dramatic mountains and arcing into its namesake fjord on a curving spit of land, it's tempting to envision Isafjordur as a remote and unworldly outpost. But on this survey of town, you'll soon discover that there's a surprisingly cosmopolitan vibe afoot here, blending seamlessly with an undeniable frontier character. The old town still has blocks lined with some of Iceland's oldest wood-and-tin houses, built by the early fishing merchants who found prosperity here in the 18th and 19th centuries, but it's also home to a thriving arts and emerging culture scene. Though isolated, Isafjordur is the kind of place that independent and eccentric thinkers have always been drawn to. Your knowledgeable guide will relate some of that history and lead the way as you soak up the town's relaxed ambiance and most interesting sights. One of those will surely be the Maritime Museum out at the tip of the spit. Set up inside one of the town's oldest and best-preserved houses, the exhibits include an excellent collection of maritime artifacts – as well as a sizable accordion collection.

- Enjoy an escorted walk through a town with one foot squarely in the past and another in the current culture.
- See some of the Iceland's oldest and most lovingly preserved tin-roofed wooden houses.
- Learn about this remote city's intriguing history and unexpected worldliness.
- Tour a Maritime Museum in an 18th-century house where the historic fishing artifacts and accordion collections mingle.
- Wear weather-appropriate clothing including a water/wind proof jacket.
- Comfortable, flat walking shoes with a non-slip sole are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 2 hours of moderate walking. The tour is not available to wheelchair guests and not recommended for those with mobility concerns.

ISF-008 ARCTIC FOXES AND AVALANCHES

Duration: 3.00 Hrs **Tour Price: \$199.00**



Date: August 17, 2022 01:00 PM

Take in the natural beauty of the Westfjords peninsula, a rugged mountainous terrain prone to avalanches and teeming with wildlife such as the cherished arctic fox. After departing from the pier, you will enjoy an immensely scenic drive with a backdrop of mountains on one side and the fjord on the other. In time, you will arrive in Súðavík, a small community founded in the late 19th century around whaling. You may notice that Súðavík has been divided into two distinct areas. The newer section was built following an avalanche in 1995 that destroyed much of the original town. Nearby, you will find the Arctic Fox Center, a research facility and museum dedicated to the only indigenous land mammal in Iceland. While browsing the exhibits, you will discover that arctic foxes remained on the island after the last ice age and how they have become a protected species, no longer hunted for their fur. You may even see injured fox pups being rehabilitated in hopes of releasing them back into the wild. You will next visit a small wooden church that was built in Norway in the late 19th century as a gift for the Icelandic village of Hesteyri. When the village was abandoned in 1952, the church was moved to its present location. After listening to a stirring performance of traditional Icelandic music at the church, you will continue to drive along the fjord, pausing at a memorial to the victims of the avalanche that struck Súðavík. Please note: This tour includes approximately 1 hour of walking over even and uneven ground. It is not recommended for guests who utilize a wheelchair. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.



Easy Activity

Culinary Discovery

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Moderate Activity

Food & Wine Trails

Accessible Tour



Strenuous Activity

Go Local Tour



Meal Included

Wellness Tour



Evening Excursion

Oceania Exclusive

❖ PAAMIUT, GREENLAND

FRD-001 WALKING TOUR OF PAAMIUT

Duration: 1.50 Hrs **Tour Price:** \$79.00



Date: August 20, 2022 10:15 AM, 12:00 PM, 01:45 PM, 03:30 PM, 05:15 PM

Escorted around town by a local, you'll be introduced to life in Greenland's eighth-largest fishing village. Suffice it to say, rush hour is no big challenge in this burg. But living in Paamiut has its rewards for the 1,500-or-so souls who call it home. Their scattered skyline is colorful, their blue-black mountain backdrop is stunning – they even have a handsome stave church, one hotel and a supermarket. The fishing is excellent, the mitten-makers are busy, and the wildlife is contented. Minke and humpback whales swim by in the fjord, while white-tailed sea eagles (Greenlanders call them "Nattoralik") guard the sky and bring good luck to those who spot them. On your town walk you'll visit a local family and perhaps strike up conversations with friendly shopkeepers and others. A stop at a workshop that crafts coats from sealskin will provide a glimpse into the unique local economy – in Greenland, seal meat is a mainstay in the diet and no by-products are wasted.

- Stroll the streets of tiny Paamiut with a local who knows its story and residents personally.
- Be on the lookout for exciting wildlife, from majestic sea eagles in the sky to whales in the fjord.
- Visit a workshop where sealskin is crafted into mittens and coats in classic Greenland fashion.
- Wear warm, weather-appropriate clothing.
- Comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 1 hour of moderate walking, at times over uneven surfaces and up/down steps. The tour is not available to wheelchair guests, and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. Tour sequence may vary.



Easy Activity

Culinary Discovery

Oceania Select



Moderate Activity

Food & Wine Trails

Accessible Tour



Strenuous Activity

Go Local Tour



Meal Included

Wellness Tour



Evening Excursion

Oceania Exclusive

❖ NUUK, GREENLAND

GOH-004 FJORD BOAT TOUR

Duration: 2.00 Hrs **Tour Price:** \$219.00



Date: August 21, 2022 07:15 AM, 09:15 AM, 11:15 AM, 01:15 PM

Cruise into a nearby fjord to look for humpback whales, which usually frequent these waters to feed and often breach the surface in acrobatic displays. After boarding a boat at the pier, you will cruise north through the Davis Strait and into the beautiful Nuup Kangerlua fjord, which stretches nearly 100 miles, making it the longest fjord in this part of Greenland. As you approach uninhabited Sermitsiaq Island, you are sure to notice the saddle-shaped mountain rising from the island's heart. In fact, the mountain is so large that you may even glimpse parts of it from Nuuk. When the weather warms and the snow and glaciers melt, a waterfall usually thunders off the mountain and into the crystal-clear waters of the fjord below. It's quite the sight, as is the wildlife that typically frequents this area. There is no telling what will appear, but you can expect to see frolicking seals, soaring eagles and perhaps humpback whales. If they are present, the whales will no doubt steal the show, especially if they leap from the water and land with a tremendous splash. Scientists think whales breach the water to clean pests from their skin. However, they may do it just for fun. Another highlight is seeing the whale's massive tailfin, called a fluke, rise out of the water, so keep your camera ready. A humpback whale weighs as much as 40 tons and grows up to 60 feet in length, so if one's in the area, it will be easy to spot. After approximately 90-minutes cruising the waters, you will head back to the pier. Please note: This tour takes place on a boat and is mostly seated. The tour is not available to wheelchair guests and those with walking difficulties are cautioned to carefully evaluate their personal level of ability to enter and exit the boat. Those who suffer from motion sickness should take necessary precautions. Warm clothing; cap; sunglasses; and flat, comfortable walking shoes with a non-slip sole are recommended. This tour is not a whale watching tour and wildlife sightings are not guaranteed. The tour's operation is subject to prevailing weather conditions.

GOH-001 HIGHLIGHTS OF NUUK

Duration: 1.50 Hrs **Tour Price:** \$79.00



Date: August 21, 2022 07:30 AM, 09:15 AM, 11:00 AM, 12:45 PM, 02:30 PM

Drive through Greenland's diminutive capital, which nestles at the head of a fjord, and trace the town's history through its marquee attractions. After departing from the pier, you will soon find yourself in downtown Nuuk, the world's smallest capital and Greenland's biggest town. Nuuk means "headland," a reference to its location at the tip of a peninsula at the mouth of an extensive fjord system. Missionary Hans Egede officially founded the city in 1728, although Inuits, Vikings and various other groups had lived here on and off for about 4,000 years. It's still a captivating historical setting. As you drive around town, pausing every so often for photos, you will see landmarks that include the Parliament, the University of Greenland and Katuaq, a cultural venue whose modern design was inspired by the magical play of light on the ice and snow. The National Museum occupies several buildings around the colonial harbor, where a statue of Egede overlooks the sea. Other prominent historical buildings include Nuuk Cathedral. Consecrated in 1849, it was constructed with so-called half-timbering, a technique where the timber frame was filled with soapstone and talc. That was later covered with the red paneling seen today. You will also drive through Nuuk's neighboring suburbs, which include Nuussuaq and the more contemporary Qinnqorput district. Regardless of where you travel, the craggy mountains provide a majestic backdrop as you return to the pier. Please note: This tour is panoramic in nature and walking is at the guests' discretion during photo stops. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the bus and have an able-bodied companion to assist them. Warm clothing; cap; sunglasses; and flat, comfortable shoes are recommended.



Easy Activity

Culinary Discovery

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Moderate Activity

Food & Wine Trails

Accessible Tour



Strenuous Activity

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Meal Included

Wellness Tour



Evening Excursion

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GOH-002 GUIDED SHORT WALK & VISIT WITH LOCAL FAMILY

Duration: 1.50 Hrs Tour Price: \$69.00



Date: August 21, 2022 07:45 AM, 09:30 AM, 11:15 AM, 01:00 PM, 02:45 PM

Get a firsthand account of what it's like to live in Nuuk by visiting a local family and asking about some of the landmarks you've seen during your walk to their home. After walking from the pier, you will soon enter the oldest part of Nuuk, the world's smallest capital and Greenland's biggest town. Nuuk means "headland," a reference to its location at the tip of a peninsula at the mouth of an extensive fjord system. Missionary Hans Egede officially founded the city in 1728, although Inuits, Vikings and various other groups had lived here on and off for about 4,000 years. The town slowly developed around the colonial harbor, where a statue of Egede now overlooks the sea. Nearby stands the National Museum, a venue you may wish to later visit on your own as the museum's interesting collection includes ancient dog sleds, kayaks and several remarkably preserved Inuit mummies that are about 500 years old. During your walking tour you will also pass the Mother of the Sea. This seaside statue depicts an Inuit legend which at low tide is fully visible, but at high tide nearly completely covered. Still, the most meaningful way to learn about the Greenlandic culture is to visit a local family in their home. It's an experience you won't soon forget because Greenlanders are typically friendly, open and eager to share their life stories. Over coffee and cake, you will discover what it's like to live in Nuuk and cope with the harsh winter weather. Feel free to ask about the culture and customs, as your hosts welcome questions. After visiting, you will walk back to the pier where your tour concludes.

Warm clothing; cap; sunglasses; and flat, comfortable walking shoes are recommended.

This tour includes approximately 45-minutes of easy to moderate walking and it may be standing room only during your visit to the local home. The tour is not available to wheelchair guests and those with walking difficulties are cautioned to carefully evaluate their personal level of stamina and ability. Tour sequence may vary.



Easy Activity
Culinary Discovery
Oceania Select



Moderate Activity
Food & Wine Trails
Accessible Tour



Strenuous Activity
Go Local Tour



Meal Included
Wellness Tour



Evening Excursion
Oceania Exclusive

❖ **QAQORTOQ, GREENLAND**

JJU-001 HVALSEY CHURCH RUIN

Duration: 2.75 Hrs Tour Price: \$269.00



Date: August 22, 2022 12:30 PM, 02:00 PM

Cruise along a pristine fjord to the stone ruins of a 14th-century Norse church, one of the first built on the North American continent. It's a short walk from the tender pier to the boat you'll board for your sail across the channel, past Whale Island and along a fjord to the spot where the ruins of Hvalsey Church – once one of the Greenland's largest, most influential churches – still cling tenaciously to the shoreline. Having endured some 700 harsh sub-Arctic winters, what's left of Hvalsey remains in remarkable shape. It's mottled stone walls are nearly intact, rising some 20 feet to where the wooden roofbeams once spanned them. This venerable house of worship was erected all those years ago by Norse settlers from Iceland, attracted to the fertile terrain of South Greenland. People would gather here to attend Christian festivals throughout the year, arriving by ship, horseback and on foot. But the last recorded religious event at Hvalsey Church was a wedding that happened in September 1408, apparently quite well attended. Sometime in the following century, Hvalsey was abandoned and left to fall slowly into disrepair. Your knowledgeable guide will share intriguing historical details and local anecdotes.

- Board a local boat for a voyage along Qaqortoq's shoreline and fjord waters to reach a remote landmark.
- Disembark to survey the ruins of Hvalsey Church, built by Norse settlers seven centuries ago and abandoned by them within 100 years.
- Learn the facts and stories about Hvalsey and this unique South Greenland region from your guide.
- After a time here, reboard your vessel for the scenic sail back to the pier.
- Wear weather-appropriate clothing; include a light jacket or windbreaker.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses, sunscreen and insect repellent as needed.

This tour includes about 90 minutes of moderate walking and standing over mostly uneven and natural terrain. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. Guests who experience motion sickness should take precautionary measures.

JJU-002 UPERNAVIARSUK AGRICULTURAL STATION

Duration: 2.50 Hrs Tour Price: \$199.00



Date: August 22, 2022 12:30 PM, 02:00 PM

Visit Greenland's only agricultural research farm and discover how crops and other plants manage to thrive in South Greenland's sub-Arctic climate. Walk from the tender pier to a tour boat nearby and step aboard for the sail through Qaqortoq's local waters to Upernaviarsuk. This unique government-run experimental farm conducts research to identify livestock, crops, plants and trees that are suitable for cultivation in the region's unique climate and short growing season. Despite the apparent challenges, farming has flourished here since the Middle Ages – there are even remnants of a Viking farm on this very site, and the ruins of a farm dating to the 1780s. The Upernaviarsuk agricultural school conducts ongoing research into which perennial grass varieties are best for production of hay and fodder here in the sub-Arctic, as well as which grains, barley and oats to grow. Experiments are conducted on ornamental bushes and trees to determine which species are best suited for private and public gardens. Many varieties of vegetable are test-grown, both inside and outside of greenhouses, and even animal husbandry is researched here – sheep are essential to the South Greenland economy. All told, the prolific nature found thriving so far north will surprise you.

- Cruise Qaqortoq's coastal waters by local boat, bound for Greenland's only agricultural research farm.
- Tour Upernaviarsuk, a full-fledged experimental and educational facility devoted to studying plant growth in this unique sub-Arctic South Greenland environment.
- See and learn about the unexpected range of crops and ornamental flora that can be cultivated here.
- Encounter remnants of historic farms that existed here all the way back to Viking times.
- Wear weather-appropriate clothing; include a light jacket or windbreaker.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses, sunscreen and insect repellent as needed.

This tour involves about 90 minutes of moderate walking and standing over mostly uneven and natural terrain. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. Guests who experience motion sickness should take precautionary measures.



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JJU-003 GREAT GREENLAND TANNERY

Duration: 1.00 Hrs **Tour Price:** \$89.00



Date: August 22, 2022 12:30 PM, 02:00 PM

Take a behind-the-scenes look at a tannery that transforms sealskins into furs, an industry with strong traditional ties to the indigenous Inuit people. Fur seals are abundant in this sub-Arctic region, where the Inuit have hunted them for thousands of years, primarily for food. Hunters send their surplus skins to the Great Greenland Tannery, and during your tour of the factory you'll learn more about the deep cultural and financial connections between seal hunting and traditional Inuit life. It's an industry and inter-relationship not often well-understood by those who don't live in this environment – and your tour will surely be eye-opening. You'll see sealskins, and perhaps even those of polar bear and polar fox, being processed and dyed. Many are for export to fabricators in Denmark, but other skins remain at the tannery to be sewn into a variety of finished pieces including jackets, pants and shawls. Even smaller items like handbags and belts are produced at the Great Greenland Tannery, ensuring that almost the entire sealskin is used. Two Greenlanders are in charge of designing the tannery's exquisite merchandise, sold in the on-site fashion studio. After the tour, explore Qaqortoq further or stroll back to the ship.

- Stroll to Greenland's sole tannery, where some 100,000 sealskins are processed each year, most coming from individual Inuit hunters.
- Learn about the Inuit culture's longstanding reliance on the seal population for food and sustenance.
- Watch as seal skins are prepared and dyed, destined to be turned into exquisite finished products.
- Browse handsomely designed sealskin items available for purchase in the tannery's fashion studio.
- Finish up with some free time to explore Qaqortoq further, returning to the pier at your leisure.
- Wear weather-appropriate clothing; include a light jacket or windbreaker.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour involves approximately 1 hour of moderate walking and standing over mostly uneven and natural terrain. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. Guests who experience motion sickness should take precautionary measures.

JJU-004 WALKING TOUR OF QAQORTOQ

Duration: 1.50 Hrs **Tour Price:** \$109.00



Date: August 22, 2022 12:30 PM, 02:00 PM, 03:00 PM

Experience charming Qaqortoq up-close on a guided walk around the historic center, where colorful colonial homes share the scene with dozens of curious rock sculptures. This settlement, South Greenland's largest city, is home to about 3,200. It's also home to Greenland's oldest fountain; the country's only other one is younger. Qaqortoq was officially founded in 1775, but its cultural roots reach back far further – beyond 2,500 BC when the Paleo-Eskimo Saqqaq people lived here. The Norse arrived around the 10th century, and Danish traders later – rechristening this Julianehaab for their queen at the time. The city's modern Greenlandic name means "the white," a reference to the icy glaciers and fjords that surround it. But during the time of your visit, "the green" might be more accurate, with the landscape in full dazzle and flower and vegetable gardens flourishing town-wide. In addition to historic landmarks like Qaqortoq's oldest church and a typical Inuit sod house, you'll see the local fish market, where fresh-caught seafood is displayed side by side with seal and whale meat. As you stroll the town, you'll also encounter stone sculptures of all sizes and shapes, created by local artists in celebration of South Greenland's proud cultural history.

- Walk the colorful lanes of Qaqortoq with a guide and discover South Greenland's biggest city.
- Encounter the country's oldest fountain, a sod house, a landmark church and a bustling seafood market where seal and whale are on the chalkboard.
- See intriguing stone sculptures scattered throughout town, part of a project called Stone and Man created by local artists to express South Greenland's cultural history.
- Finish up with some free time to explore Qaqortoq further, returning to the pier at your leisure.
- Wear weather-appropriate clothing; include a light jacket or windbreaker.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes about 90 minutes of moderate walking and standing over mostly flat surfaces, with some inclines and steps involved. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. If a church service is underway during your visit, you may not be able to enter or take photos. Entrance into the main museum building is optional and there is an additional charge of 20 Danish krone.



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Food & Wine Trails
Accessible Tour



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JJU-005 HIKE ALONG THE GREAT LAKE

Duration: 3.00 Hrs **Tour Price: \$109.00**



Date: August 22, 2022 12:30 PM, 02:00 PM

Don your trail shoes and set out with your guide along paths hugging the shore of Qaqortoq's placid "Great Lake." The majestic scenery is sure to inspire you, and your well-informed guide will be ready to field any and all questions about this unique and surprisingly fertile sub-Arctic environment. Your ramble begins right from the pier as you take in a scene of colorful homes climbing up the hillsides above the harbor. This is South Greenland's largest city, population a stratospheric 3,200 souls. Soon, you'll leave this mini-metropolis behind as you trek outward toward Lake Tasersuaq, aka the Great Lake – its serene blue waters framed by rugged mountains and pure enough to be Qaqortoq's source of drinking water. Making your way along the lake's picturesque shoreline, you'll soon appreciate how this region's mild summers and generous rainfall make it something of a remote Eden. Look for plump sheep grazing lazily along grassy upland meadows, crowberries ripening on low bushes, and the magenta-petaled niviarsiaq, Greenland's national flower. And be on the lookout skyward for white-tailed eagles, often seen soaring over the lake in search of fish to swoop down and pluck out of the water.

- Led by a guide very familiar with the terrain, hike through Qaqortoq and out to its tranquil Great Lake.
- Learn about the local flora and fauna as you circle this unspoiled blue expanse of glacier-fed water.
- Discover how Southern Greenland's sub-Arctic environment is actually quite fertile and lush.
- See sheep grazing and eagles swooping and many a flower, flowering.
- After about 3 miles of majestic trekking, return to Qaqortoq both invigorated and fully ready to relax.
- Wear weather-appropriate clothing; include a light jacket or windbreaker.
- Flat, sturdy walking or hiking shoes are recommended.
- Bring a hat, sunglasses and sunscreen, insect repellent and a bottle of water from the ship.

This tour involves some 2.5 hours of moderate-to-strenuous walking over mostly uneven and natural terrain, with some inclines. Total distance covered is approximately 3 miles. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition.

JJU-006 TASTE OF GREENLAND

Duration: 1.50 Hrs **Tour Price: \$109.00**



Date: August 22, 2022 12:30 PM, 02:00 PM

Heighten your appetite with a walk through Qaqortoq to sample Greenlandic and Inuit cuisine at a local restaurant. You'll spend about 25 minutes along the immensely scenic route through the heart of South Greenland's largest city – still a compact, charming place where gardens flourish, colorful historic homes line the streets and public artworks celebrate the region's rich cultural history. But then, there's no better way to get a true taste of a culture than by its food. The offerings at this excursion's designated venue change frequently but typically include traditional Greenlandic and Inuit dishes featuring high-protein meats – a diet meant to sustain early locals through harsh, physically demanding winters. Greenlanders have been whalers for some 4,000 years, so look for a taste of that to be served – perhaps thinly sliced like carpaccio or quick-cooked like veal to seal in its flavor. Lamb is also popular here, raised naturally and allowed to range the upland pastures freely. Other traditional specialties might include dried seal, grilled Arctic char or smoked reindeer. Tasty local crowberries, which look like blueberries, are used liberally in sauces and desserts. No worries; you'll burn off any excess calories on the walk back to the ship.

- Enjoy a leisurely, scenic walk through Qaqortoq's downtown – alive with color and charm.
- Visit a local restaurant specializing in traditional Greenlandic dishes made from regional ingredients.
- Enjoy a tasting likely to include whale meat along with dried seal, smoked reindeer or free-range lamb.
- Discover the flavor of Greenland's answer to blueberries: the crowberry.
- See a few more sights and shed a few calories on the pleasant walk back to the ship.
- Wear weather-appropriate clothing; include a light jacket or windbreaker.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 30 minutes of moderate walking over mostly flat terrain. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating.



Easy Activity

Culinary Discovery

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JJU-007 KAFFEMIK IN A PRIVATE HOME

Duration: 1.50 Hrs **Tour Price:** \$89.00



Date: August 22, 2022 12:30 PM, 02:00 PM

Spend a relaxing while getting to know some Qaqortoq residents in the comfort of their home and learn about daily life in Greenlandic culture. This charming tour introduces you to one of Greenland's most intimate traditions, the kaffemik. Centered around coffee, tea, cake and conversation, the kaffemik is Greenlanders' equivalent to an open house – where family and friends gather to celebrate an event or just each other's company. Your guide will greet you at the pier and escort you into town to enter a private home and participate in a kaffemik yourself, meeting and chatting with your hosts informally. During your visit you will also be treated to a presentation of the Greenlandic national costume – an elaborate and showy affair – and meet a local woman who uses traditional skills dating back centuries to craft these labor-intensive garments. Each can take months to complete, and you can't help but imagine what it must be like to spend long sub-Arctic winters in a cozy wooden cottage, assembling animal hides, beads and colorful fabrics in this way. At the conclusion of this delightful and authentic Greenlandic experience, you'll walk back to the pier bearing new cultural insights.

- Escorted by your guide, take a leisurely walk through Qaqortoq to a private home for an informal visit.
- Enter and be introduced to the kaffemik, where Greenlanders get together for coffee, tea and cake.
- Get acquainted with your hosts and learn about their daily life here in this charming, sub-Arctic city.
- See a presentation of Greenland's famously elaborate national costume and meet a woman who hand-makes them, using all the traditional techniques and materials.
- Wear weather-appropriate clothing; include a light jacket or windbreaker.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 30 minutes of easy/moderate walking, with a bit of hilly terrain and steps to enter the home. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating.



Easy Activity

Culinary Discovery

Oceania Select



Moderate Activity

Food & Wine Trails

Accessible Tour



Strenuous Activity

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❖ TORSHAVN (FAROE ISLANDS), DENMARK

TAN-002 NATURAL WONDERS OF NORTHERN EYSTUROY

Duration: 4.50 Hrs **Tour Price: \$199.00**



Date: August 26, 2022 08:00 AM

Marvel at the natural beauty of the Faroes on a panoramic tour of the majestic mountains and pristine waterways on volcanically formed Eysturoy Island. As you follow a circuitous route north, you will pass a whaling station in Air that was abandoned decades ago and then cross a bridge that spans the narrow channel of Sundini, where you will pause to gaze down at the swirling eddies that the strong current form. The bridge connects the larger, more populous island of Streymoy, where Tórshavn is located, to the rural island of Eysturoy. The natural highlights on the latter include the tallest mountain in the Faroes, steep-walled Gjógv Gorge and the Giant and the Hag, two oddly shaped rock formations just offshore. Be sure to ask the guide about the legends behind them. To enhance your understanding of Eysturoy's rural lifestyle, you will pass idyllic villages such as Eiði, a setting that offers magnificent views of the fjord.

- See the natural wonders of the Faroes, in particular those on wild Eysturoy Island.
- Admire the Faroes' highest mountain, a deep seaside gorge and two sea stacks.
- Pause at a bridge spanning two islands and view the strong eddies swirling below.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes a moderate amount of walking mainly at the guest's discretion. It is available to guests who utilize a collapsible wheelchair, can both make their way on and off the coach and have a companion to assist them. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

TAN-010 THE ISLAND OF VAGAR

Duration: 4.00 Hrs **Tour Price: \$129.00**



Date: August 26, 2022 08:15 AM

Gain an understanding of village life on naturally beautiful Vagar, one of the Faroes' westernmost islands. To reach Vagar from Streymoy, you will drive through a modern, three-mile-long tunnel beneath the sea, a journey that was once only possible by ferry. Upon arriving on Vagar, the guide will point out the attractions and describe the local history. Like the residents throughout the Faroes, many of the people are descendants of the Norwegian Vikings that colonized the islands around the 9th century. You will get a good sense of daily life in villages such as Sandavágur, where you will visit red-roofed Midvágur church, and in Bøur, a coastal setting with classic sod-roofed buildings with black-tarred wooden walls. The latter offers a wonderful view of the Tindholmur and Mykines islands, which lie even farther west. A drive through a tunnel blasted out of the mountain will bring you to the tiny village of Gasadalur, which perches at the edge of a seaside cliff.

- Drive through two modern tunnels, one under the sea, the other blasted out of a mountain.
- Explore several villages on Vagar and get a feel for the island's daily life.
- Marvel at the natural beauty throughout Vagar, a land of waterfalls and rugged mountains.
- Wear layered, weather-appropriate clothing; include a rain jacket or umbrella.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes about one hour of moderate walking with some uneven surfaces and small hills to negotiate. It is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. The order of the sights viewed or visited may vary.

TAN-007 PANORAMIC TORSHAVN & VILLAGES

Duration: 3.00 Hrs **Tour Price: \$89.00**



Date: August 26, 2022 08:30 AM

Take in the natural beauty of Streymoy Island from elevated viewpoints and by traveling into the less-populated areas where the terrain has changed little over the centuries. Although you will drive through historical Tinganes, where the parliament met for more than 1,000 years, and pause at a lookout above Tórshavn harbor, most of this excursion celebrates nature. Not far from town, you can still see the ancient stone cairns that mark the footpaths between villages, a reminder that time has stood still throughout much of the Faroe Islands. Another brief stop for photos will be made in Nordradalur Valley, from which you can see Koltur Island on a clear day. Deeper in the valley, you will be treated to spectacular views of the fjords below and hand-hewn stone salmon ladders that lead to Lake Leynar. You will have the opportunity to walk on the lake's beach or watch a woodcarving demonstration.

- Admire the stunning natural beauty of Streymoy Island from various viewpoints.
- See ancient stone cairns that mark the way between villages.
- Take in the sweeping views of Nordradalur Valley and the dramatic fjords below.
- Meander along the shore of Lake Leynar or watch a woodcarving demonstration.
- Wear layered, weather-appropriate clothing; include a rain jacket or umbrella.
- Flat, comfortable walking shoes are recommended.

This tour includes about one hour of moderate walking with some uneven surfaces, steps and a small incline to negotiate. It is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. The order of the sights viewed or visited may vary.



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TAN-009 STREYMOY MOUNTAIN HIKE

Duration: 3.25 Hrs **Tour Price:** \$129.00



Date: August 26, 2022 08:45 AM

Follow a trail through the volcanic terrain on Streymoy Island to the summit of a mountain that will offer breathtaking views of the natural wonders below. As an introduction to the island's beauty, you will follow a coastal road along Kaldbak fjord, where you can expect to see spectacular waterfalls and sheep lazing about the pastures. Although this part of the Faroes was inhabited in the 11th century, it wasn't until 1980 that the village of Kaldbak was even connected to the main road system. That remoteness is much of its charm. Your hike will begin at a column of basalt that defines the Streymoy sill, a geological phenomenon that an ancient volcanic eruption left behind. As you ascend to the mountain top, you will enjoy sweeping views of the hauntingly beautiful landscape below. It will be quite the sight in every direction. The island due west is Vágur, home to the only airport in the Faroe Islands.

- Hike through the sometimes stark but always beautiful terrain of Streymoy Island.
- Ascend to the summit of a mountain for the ultimate view of the surrounding landscape.
- See waterfalls, mountain lakes and clear evidence of the island's volcanic formation.
- Wear warm, layered clothing.
- Sturdy, comfortable hiking or walking shoes are essential.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes about two hours of moderate hiking with uneven surfaces, natural terrain and inclines to negotiate. It is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Participants should be in good physical condition. This tour is subject to cancellation due to weather.

TAN-001 TORSHAVN - THE CAPITAL

Duration: 3.00 Hrs **Tour Price:** \$129.00



Date: August 26, 2022 09:00 AM

Explore the historical district of Tinganes in the diminutive capital of the Faroe Islands for a revealing glimpse into Tórshavn's past. Once the home of the parliament for more than 1,000 years, Tinganes was rebuilt in the late 1600s following a devastating fire. Although the prime minister's office is still located there, most of the buildings are stone-and-timber, red-painted residences with grass-covered roofs. Tinganes exudes charm, especially along the winding streets in the center of the district. Not far away, you will find Fort Skansin, which was built in the 16th century to protect Tórshavn from pirate attacks. The older cannons there are Danish, the newer ones are from World War II. You will also visit the Nordic House, a glass-and-steel cultural center with a contemporary design—except for its turf roof. The other modern sections of Tórshavn are just as alluring and provide a perspective that belies the capital's founding in the 13th century and even longer history.

- Explore the most historical district of Tórshavn, an area that the Vikings settled.
- View where the original parliament met for more than 1,000 years.
- Visit a 16th-century fort that was further fortified during World War II.
- Enjoy the contrast of contemporary Tórshavn set against its turf-roofed Old Town.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of walking. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests will have to negotiate steps and uneven surfaces. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

TAN-003 VESTMANNA SEA CLIFFS

Duration: 4.00 Hrs **Tour Price:** \$269.00



Date: August 26, 2022 12:30 PM

Cruise to the dramatic Vestmanna sea cliffs, where thousands of birds nest for the summer. The name Vestmanna means "men from the west," supposedly a reference to the Irish monks that settled there more than 1,000 years ago. Still wild and wonderful, the area is known more for its birdlife than the village of Vestmanna, home to one of the first hydroelectric power plants in the Faroes. As you approach the craggy, weather-beaten sea cliffs, you can expect to see puffins, guillemots, fulmars and kittiwakes nesting among the rocks. The sounds of the birds and the rush of the sea will be mesmerizing. In time, the boat will enter a narrow, steeped-walled notch in the cliffs, where you may catch sight of sheep grazing above. You will also cruise into a small grotto, where you will be engulfed in total darkness, the dominant sound being the steady drip of moisture from the grotto ceiling.

- Gaze up at thousands of sea birds nesting in the craggy Vestmanna sea cliffs.
- Observe puffins, guillemots and other seabirds and perhaps even sheep grazing above.
- Cruise through a steep-walled notch in the cliffs and into a grotto void of light.
- Wear warm, weather-appropriate clothing; include a waterproof jacket and bag if available.
- Flat, non-slip shoes are recommended.

Guests may get wet from sea spray, especially if the seas are somewhat rough. Consequently, guests should take precautionary measures to protect themselves and their camera equipment.



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TAN-006 SAKSUN & KOLLAJFJORDUR

Duration: 3.50 Hrs **Tour Price: \$119.00**



Date: August 26, 2022 01:00 PM

Travel through the immensely picturesque countryside of Streymoy Island with enlightening stops to view the highlights in the villages of Kollafjörður and Saksun. You will follow a circuitous route through a volcanically formed landscape that couldn't be more naturally beautiful. Upon reaching Kollafjörður, you will visit a church constructed in 1837 in the heart of town. Like many of the buildings from that time period, it features a grass roof, black-tarred wood, a white stone foundation and a modest clocktower. To reach remote Saksun, you will follow a stream deep into the mountains. Only a few dozen people live there and the main attraction is its gorgeous setting, as Saksun sits in a natural amphitheater overlooking the tidal lagoon. While browsing a farmhouse from the Middle Ages, you will gain an understanding of early life there. More spectacular mountain and fjord views will await you before pausing once again to view Tórshavn from a scenic overlook.

- Follow a wonderfully circuitous road through the gorgeous hinterlands of Streymoy Island.
- Visit a 19th-century church in Kollafjörður with a design emblematic of that time period.
- Browse a farmhouse from the Middle Ages in a tiny and remote mountain village.
- Wear layered, weather-appropriate clothing; include a rain jacket or umbrella.
- Flat, comfortable walking shoes are recommended.

This tour includes about one hour of moderate walking with some uneven surfaces, steps and a small incline to negotiate. It is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. The order of the sights viewed or visited may vary.

TAN-005 KIRKJUBOUR & TORSHAVN WALK

Duration: 3.00 Hrs **Tour Price: \$109.00**



Date: August 26, 2022 01:15 PM

Delve into the early history of the Faroe Islands in the village of Kirkjubøur as a prelude to exploring the oldest section of Tórshavn. Kirkjubøur was among the first areas settled in the Faroes and became an important religious and cultural center in the Middle Ages. The imposing ruins of the 13th-century Saint Magnus Cathedral stand as a reminder of that period, and as you will see it still dominates Kirkjubøur. You will gain a different historical perspective at the turf-roofed Roykstova Farmhouse Museum, which was built about two centuries earlier, making it one of the oldest wooden buildings in Europe. The wood is supposedly driftwood from Norway as there are no forests in the volcanically formed Faroes. The same family has occupied the farm for 17 generations. To further enhance your understanding of the islands, you will take a leisurely walk through Tinganes, the historical heart of Tórshavn, the delightful capital of the self-governing Faroes.

- Explore the village of Kirkjubøur, which gained prominence in the Middle Ages.
- Visit a turf-roofed farmhouse museum that is one of Europe's oldest wooden buildings.
- Meander through Tinganes, the oldest section of Tórshavn.
- Wear layered, weather-appropriate clothing; include a rain jacket or umbrella.
- Flat, comfortable walking shoes are recommended.

This tour includes about two hours of moderate walking with some uneven surfaces, steps and a small incline to negotiate. It is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. The order of the sights viewed or visited may vary.

TAN-004 SCENIC TORSHAVN

Duration: 2.00 Hrs **Tour Price: \$159.00**



Date: August 26, 2022 01:30 PM

Discover the immense beauty of the Tórshavn area while driving through Streymoy Island and its picturesque North Valley. For the ultimate view of Tórshavn, the winsome capital of the Faroe Islands, you will pause at a lookout on the outskirts of town. From this vantage point, you can easily make out the historical Tinganes district and the rocky peninsula where the parliament met for more than 1,000 years. The countryside will soon become more rural, giving way to open pastures with grazing sheep. Be sure to notice the stone cairns stacked along the footpaths that mark the way between villages. They date to ancient times. You will pause again for photos of the beautiful North Valley before entering an even more dramatic landscape known for its fjords. As wild as the terrain is at times, modern technology has still made its mark, as you will discover while driving through a tunnel nearly two miles long.

- Gaze out over Tórshavn from a lookout before exploring the natural beauty beyond.
- See ancient stone cairns that mark the way between villages.
- Marvel at the boundless beauty in the North Valley and the pristine fjords nearby.
- Drive through a tunnel that cuts nearly two miles through a mountain outside Tórshavn.
- Wear layered, weather-appropriate clothing; include a rain jacket or umbrella.
- Flat, comfortable walking shoes are recommended.

This tour is panoramic in nature with limited optional walking at the stops. The tour is not available to wheelchair guests, and those with mobility concerns are cautioned only to participate to the extent of their personal stamina and ability. The order of sites visited or viewed may vary.



Easy Activity



Moderate Activity



Food & Wine Trails



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Evening Excursion

Page 16

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❖ LERWICK (SHETLAND ISLANDS), SCOTLAND

LER-003 MOUSA ISLAND DISCOVERY

Duration: 4.00 Hrs **Tour Price:** \$129.00



Date: August 27, 2022 08:30 AM

Travel by ferry across Mousa Sound to walk a tiny island brimming with Shetlands wildlife and wonder at a 2000-year-old castle. This uniquely exploratory tour commences with a drive south to Sandwick to meet up with Tom Jamieson, owner-skipper of the Mousa ferry and expert on local fauna. During a short crossing to Mousa Island you'll hear some area history, see period photos, and perhaps even sight Harbor Porpoises; these waters are visited by these threatened animals at certain times of year. Once on the island, your walk will bring you to world-famous Mousa Broch, a stone-built Iron Age castle with beehive chambers, impressive galleries, and a stairway up to a viewpoint for stunning vistas of this island and back across to Mainland. During your time here, Mousa's abundant animal life awaits discovery. This is a great place to spot shy-but-curious seals, even more bashful otters, and large flocks of breeding seabirds including Storm Petrels, Artic Terns, Artic Skuas and Great Skuas – known to swoop ferociously when defending their nests. Adding to its curious character, this wild sanctuary is actually part of a working farm; you'll see and learn more about this during your walk around Mousa.

- Cross by local ferry to tiny offshore Mousa – an islet brimming with wildlife and character.
- Be on the lookout for porpoises while enroute, and seals basking on the beaches once you land.
- Explore Mousa Broch, one of the British Isles' best-preserved Iron Age forts, perhaps climb its tower.
- Encounter seabirds from bold Great Skuas to graceful Artic Terns, some of nature's greatest travelers.
- Walk the island to fully discover its diverse fauna and its dual role as part of a working farm.
- Wear weather-appropriate clothing; include a light raincoat or umbrella.
- Flat, comfortable walking shoes or sneakers are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 1.75 hours of walking, including over uneven ground on Mousa Island where there may also be some inclines. The tour is not considered suitable for wheelchair guests or those with mobility concerns. Wildlife sightings are not guaranteed.

LER-001 JARLSHOF & SCENIC MAINLAND DRIVE

Duration: 3.00 Hrs **Tour Price:** \$129.00



Date: August 27, 2022 08:45 AM, 12:30 PM

On this scenic drive you'll explore an ancient Viking village site, visit a wool-knitting center, cross the moors and meet a famous pony or two. Far north and close enough to Norway to speak Scottish with a Scandinavian accent, the Shetlands have been dramatically shaped by the sea – and only somewhat tamed by the hearty people who live here. Your drive down through Mainland, largest of the 100-island archipelago, will offer stunning vistas of the Atlantic Ocean and North Sea. At Jarlshof, you'll independently explore the remnants of a community of stone houses where Norsemen resided in the 7th century; hidden for centuries, a violent storm in 1905 uncovered this remarkable site. At the Hoswick Visitor Center, you'll be introduced to Shetland history and culture through interpretive displays and demonstrations of the Islanders' traditional knitting skills – with the opportunity to browse a wide variety of original cashmere and lambs' wool items offered for sale. Of course, no trip to these islands is complete without a chance to meet a few delightful and inquisitive Shetland ponies. Sporting shaggy coats and flowing manes, they'll likely show up looking for treats as your coach stops for photos.

- Enjoy a panoramic drive across the stunning Mainland island landscape.
- Explore the remains of a Viking village at an archeological site with Stone, Bronze and Iron Age roots.
- Visit a village history center where the islands' legendary knitting skills are the center of attention.
- Have a likely encounter with Shetland ponies equipped with a natural coat for the most severe weather.
- See tiny seaside farms where Shetland sheep graze, and peat bogs still harvested for home heating.
- Wear weather-appropriate clothing; include a light raincoat or umbrella.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 1.75 hours of walking, including over uneven ground at Jarlshof, where a considerable number of steps are also involved. The tour is not considered suitable for wheelchair guests and those with mobility concerns are cautioned to evaluate their personal level of ability before participating. The order of sites visited may vary.



Easy Activity
Culinary Discovery
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Moderate Activity
Food & Wine Trails
Accessible Tour



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LER-004 THE SCENERY OF WESTERN SHETLAND

Duration: 3.00 Hrs Tour Price: \$169.00



Date: August 27, 2022 09:00 AM, 01:15 PM

Experience spectacular sea cliffs, heather-clad moors, hidden beaches, idyllic farms, Celtic crafts and a forbidding castle ruin on this island drive. Crossroads of the northern seas, Shetland is unlike anywhere else in Scotland. A sense of the sea is ever-present, woven deeply into the island's maritime heritage. Farming, too, is tightly intertwined with the isles' story. On this wide-ranging panoramic jaunt, you'll see cliffs lined with seabirds, coves curtained with wild-flowers, distinctive black and brown Shetland sheep grazing in pastures enclosed by tidy stone walls, pastoral streams and lochs – as well as a workshop specializing in locally crafted jewelry in charming little Weisdale Voe. In the islands' former capital, you'll stop for photos at famous Scalloway castle, a hulking ruin built in 1600 by a notorious despot who extorted crushing taxes and fines from the region's residents before his excessive cruelty was properly punished. After he hung, his imposing bastion was left to rot. Today it's a silent, photogenic curio lording over a busy fishing port. The scenery is far more tranquil as you cross the fertile Tingwall Valley, boasting uninterrupted farmland views with only the occasional church standing out against the horizon.

- Settle in for a guided panoramic journey across the Shetlands landscape – from wild to domesticated.
- See coasts lined with magnificent cliffs, coves and beaches, tiny farms sheltering by the sea-edge.
- Pass through farmland crisscrossed with stone walls, where Shetland sheep graze in tranquility.
- Stand beneath the ominous shadow of Scalloway Castle, a 17th-century despot's refuge gone to seed.
- Stop to visit Shetland Jewelry, where silver and gold are wrought into Celtic and Viking designs.
- Wear weather-appropriate clothing; include a light raincoat or umbrella.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This excursion involves limited walking, mainly at guests' discretion during stops. The tour is available to wheelchair guests who have a collapsible chair, can make their way on and off the coach, and have an able-bodied companion to assist them. Those with mobility concerns are cautioned only to participate to the extent of their personal ability. The order of sites visited may vary.

LER-002 LERWICK WALKING TOUR & FORT CHARLOTTE

Duration: 2.00 Hrs Tour Price: \$119.00



Date: August 27, 2022 09:15 AM, 11:45 AM

Set foot into seafaring Lerwick on a leisurely guided stroll that captures the unique history of this remote Shetlands outpost. Founded rather unofficially in the 17th century as a below-the-radar marketplace for passing herring ships, today this is the capital and administrative center of the Shetlands – and home to a third of its population. Chief harbor landmarks include the town's trademark lodberries – flat rock piers built by early merchants so that goods could be unloaded directly into warehouses – and the old Tolbooth building, an award-winning restoration that now houses Lerwick's lifeboat station. Atop a rise, you'll encounter Shetland-style recycling: an upturned former ferry now serving as roof to a garage. A walk along a web of steep, narrow lanes leads to Town Hall – where the Shetland's story is depicted in intricate stained-glass. A visit to Fort Charlotte is a study in multiple identities. Built high above Bressay Sound in 1782, it was armed for battle with guns at each of its five corners yet never found an enemy to shoot at. Over time the bastion went on to serve as a base for the Royal Navy Reserve, the town jail and courthouse, a customs house and a coast guard station.

- Get an intimate picture of Lerwick life as you explore its landmarks on foot, led by a seasoned guide.
- Learn the significance of the town's lodberries, tolbooth and mercat cross.
- Wander along steeply scenic lanes up to a high point where the best sea views await.
- Visit a Town Hall built in 1862, with Lerwick's growing status proudly represented in stained glass.
- At the guided walk's end, consider staying on to explore further and shop for knitwear on your own.
- Wear weather-appropriate clothing; include a light raincoat or umbrella.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes a solid 2 hours of walking, at times over uneven surfaces and steep rises, with some 45 steps to be negotiated. The tour is not available to wheelchair guests or those with mobility concerns. The order of sites visited may vary.



Easy Activity
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Moderate Activity
Food & Wine Trails
Accessible Tour



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OPTIONAL SHORE EXCURSIONS

LER-005 SHETLAND PONIES & SCALLOWAY CASTLE

Duration: 2.25 Hrs **Tour Price:** \$119.00



Date: August 27, 2022 **09:15 AM, 12:15 PM**

This excursion begins with an orientation spin through Lerwick, then brings you to two of Shetland's most famous attractions. Founding in the 1600s and known for its lodberry piers and restored tolhouse, Lerwick wasn't always the Shetlands' capital; it took over that title in 1708. You'll actually pay a call on the town that lost that designation. Scalloway deserved to lose out, if the character of its notorious castle owner is any indication. The hulking ruins of Scalloway Castle lord over this now-busy fishing port – a silent, photogenic reminder of Earl Patrick Stewart, the early 17th-century despot who extorted crushing taxes and fines from island residents before his excessive cruelty was properly punished – by hanging. After a visit to this forbidding bastion, the charm of a drive through the Tingwall Valley for an encounter with wooly Shetland Ponies will surely hit the spot. The venue you'll visit is operated by a dedicated Shetland pony enthusiast who breeds the highest quality animals; Carol or a member of her staff will share their knowledge of these delightful, inquisitive ponies and arrange an informal introduction. The drive back through Mainland's peat- and heather-covered landscape will offer spectacular vistas and further cultural insights.

- Enjoy a panoramic drive through Lerwick as you see its sights and learn about its colorful early days.
- Take in the ruins of Scalloway Castle, from which a 17th-century despot once terrorized the region.
- Enjoy a fun encounter with inquisitive and furry Shetland ponies, bred by a dedicated enthusiast.
- Cross through moorlands where heather flourishes and peat is still harvested for heating island homes.
- Wear weather-appropriate clothing; include a light raincoat or umbrella.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 1.25 hours of walking and is considered suitable for wheelchair guests who can make their way on and off the coach. Those with mobility concerns are cautioned to evaluate their personal level of ability before participating. The order of sites visited may vary.



Easy Activity
Culinary Discovery
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Accessible Tour



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❖ STAVANGER, NORWAY

SVG-003 THE STAVANGER ARCHIPELAGO AND LYSEFJORD

Duration: 3.00 Hrs **Tour Price:** \$139.00



Date: August 28, 2022 10:00 AM, 02:00 PM

Experience the majestic natural beauty of Stavanger's archipelago on a sightseeing cruise to Lysefjord. It's just a few minutes' walk from your ship to the spot where you'll board a smaller vessel designed for cruising the cluster of islands and fjords that surround Stavanger. Skimming through waters dotted with tiny, idyllic islands and shoreline homes you wish you owned, you'll get a real sense of the local way of life – and even see locals enjoying their relaxed days on these waters, too. As soon as you make the turn and enter the wonderland of Lysefjord, prepare to have your breath taken away. Sheer rocky cliffs vault skyward along both sides of the narrow emerald-green waterway and famous Pulpit Rock juts out 1,900 feet up above your head as you cruise by underneath. Be on the lookout for the sea lions that live in the inner part of the fjord, and for the goats who clamber down a steep hillside to get close to passing boats – and the tasty handouts fed them by curious visitors. Splendid city views and a stop at Hellenen Beach for coffee and waffles with sour cream help make the trip back extra sweet.

- Walk down the pier to board a sightseeing vessel designed for easy maneuvering around the Stavanger archipelago.
- Cruise among the small islands that make up this idyllic setting, seeing where and how the locals live.
- Head into the awe-inspiring Lysefjord, its sheer rock walls towering high above you on both sides.
- Gaze up at Pulpit Rock far above your head, and spot marine life and mountain goats onshore.
- Enjoy coffee and waffles at a shoreside stop on the return to Stavanger.
- Wear weather-appropriate clothing, include a sweater or light jacket.
- Flat, comfortable walking shoes are recommended.

This tour includes limited walking, but guests must be able to negotiate the boat's gangway and steps at the Hellenen Beach stop. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating.

SVG-005OE OCEANIA EXCLUSIVE - PANORAMIC STAVANGER

Duration: 2.00 Hrs **Tour Price:** \$99.00



Date: August 28, 2022 10:00 AM, 01:00 PM

Designed for travelers who prefer an added measure of intimacy and flexibility, our new Oceania Exclusive tours limit group size to just 16 guests maximum. The Oceania Exclusive format is available on specially selected shore excursions in nearly every port we visit, around the world. Explore Stavanger's colorful past and present on a sightseeing drive that introduces the city's most scenic locales. This 900-year-old harbor city possesses two distinct characters – one is all historical warmth and charm, the other is all youth and modernity, reflecting the city's university vibe and recent oil and energy wealth. On this panoramic orientation tour, you'll encounter both those personalities along with plenty of stellar beach, mountain, and fjord views. You'll pass by the harbor's quaint fish and farmer's market and older residential sections, where Stavanger's centuries-old roots are most apparent. Stavanger Cathedral, too, has retained its handsome 14th-century looks and inviting market square. Yet just beyond sits one of many contemporary landmarks that dot the city, too – the innovatively designed Petroleum Museum, looking like a sleek cluster of oil storage tanks perched on waterfront stilts. Perhaps the most photogenic of all is Gamle Stavanger, its meandering cobbled lanes lined with Northern Europe's best-preserved collection of 18th-century wooden houses. A close runner-up will be your spin past Hafslund and along the southwest Norway coast. Its magnificent blend of sand, sea, sky and light is timeless.

- Get introduced to Stavanger in complete comfort, sightseeing the town by panoramic coach.
- See the essential neighborhoods and landmarks, from the harbor district to the sands of Jæren.
- Pass the fish market, historical Stavanger Cathedral, modern Petroleum Museum, and the famously charming antique wood cottages of Gamle Stavanger.
- Finish this brief but immersive tour with a feel for this vibrant city that was once Norway's canning capital and is now its oil and energy hub.
- Enjoy a higher level of personal attention and flexibility on this Oceania Exclusive small group tour.
- Wear weather-appropriate clothing, include a sweater or light jacket.
- Flat, comfortable walking shoes are recommended.

This tour is mostly panoramic and available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. The coach is not air-conditioned.



Easy Activity

Culinary Discovery

Oceania Select



Moderate Activity

Food & Wine Trails

Accessible Tour



Strenuous Activity

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Wellness Tour



Evening Excursion

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OPTIONAL SHORE EXCURSIONS

SVG-007 IRON AGE FARM AND ULLANDHAUG VIEW POINT

Duration: 3.00 Hrs **Tour Price: \$79.00**



Date: August 28, 2022 10:00 AM, 01:30 PM

Travel into the countryside to witness some of Stavanger's Iron Age and Viking history, then visit a famous district where the lanes are lined with 18th-century wooden houses. Long before its official founding as a city, the sheltered area surrounding Stavanger was an active agricultural and maritime community. A drive out to the reconstructed farmhouses in Ullandhaug provides a fascinating introduction to life here in the thick of the Iron Age, centuries before the Viking king Harald I defeated the last of some 29 regional princes to create the Kingdom of Norway in 872. You'll even visit a hilltop viewpoint that offers sweeping vistas of Hafrsfjord, the fjord where his nation-founding naval battle took place. On your return to the city, you'll travel into the historical residential area of Gamle Stavanger to admire Northern Europe's best-preserved collection of manicured white 18th-century wooden houses, lined up along meandering cobbled lanes. From here, either join your guide for a brief walk through this charming neighborhood that evokes an era when sailing schooners filled the harbor – or stay aboard the coach for a lift back to the pier.

- Travel across rich countryside outside Stavanger to visit the Iron Age farmhouses at Ullandhaug.
- Ride up to a commanding hilltop viewpoint for stunning vistas over the waters of Hafrsfjord.
- Learn about the decisive naval battle that took place here in 872, when Harald the Fairhaired became first king of the unified Kingdom of Norway.
- Stop to admire Gamle Stavanger, its cobbled lanes awash in white, 18th-century wooden houses.
- Join your guide for a walk through this charming neighborhood, or ride back to the ship by coach.
- Wear weather-appropriate clothing, include a sweater or light jacket.
- Flat, comfortable walking shoes are recommended.

This tour includes a moderate amount of walking, some involving uneven natural surfaces and steps. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. The transportation is not air-conditioned.

SVG-005 PANORAMIC STAVANGER

Duration: 2.00 Hrs **Tour Price: \$49.00**



Date: August 28, 2022 10:30 AM, 01:30 PM

Explore Stavanger's colorful past and present on a sightseeing drive that introduces the city's most scenic locales. This 900-year-old harbor city possesses two distinct characters – one is all historical warmth and charm, the other is all youth and modernity, reflecting the city's university vibe and recent oil and energy wealth. On this panoramic orientation tour, you'll encounter both those personalities along with plenty of stellar beach, mountain, and fjord views. You'll pass by the harbor's quaint fish and farmer's market and older residential sections, where Stavanger's centuries-old roots are most apparent. Yet just beyond sits one of many contemporary landmarks that dot the city, too – the innovatively designed Petroleum Museum, looking like a sleek cluster of oil storage tanks perched on waterfront stilts. Perhaps the most photogenic of all is Gamle Stavanger, its meandering cobbled lanes lined with Northern Europe's best-preserved collection of 18th-century wooden houses. A close runner-up will be your spin past Hafrsfjord and along the southwest Norway coast. Its magnificent blend of sand, sea, sky and light is timeless.

- Get acquainted with Stavanger in complete comfort, sightseeing the town by panoramic coach.
- See the essential neighborhoods and landmarks, from the harbor district to the sands of Jæren.
- Pass the fish market, modern Petroleum Museum, and the famously charming antique wood cottages of Gamle Stavanger.
- Finish this brief but immersive tour with a feel for this vibrant city that was once Norway's canning capital and is now its oil and energy hub.
- Wear weather-appropriate clothing, include a sweater or light jacket.
- Flat, comfortable walking shoes are recommended.

This tour is mostly panoramic and available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. The coach is not air-conditioned.

SVG-GL1 STAVANGER & SURROUNDINGS

Duration: 3.00 Hrs **Tour Price: \$119.00**



Date: August 28, 2022 10:30 AM, 02:00 PM

Reap the benefits of Nordic walking on a delightful hike across the Storhaug peninsula to the beaches on its southern shore. Nordic walking uses a specially designed pole that helps to maximize the benefits of the movements. It can tone the body, burn nearly 50% more calories and put less pressure on the knees and joints. Best of all, Nordic walking is easy to do. You will follow a historical, two-mile route through the city center of Stavanger, across the Storhaug peninsula and on to Godalen. The walk is only about two miles, but it is extraordinarily picturesque. Chances are, you will see bicyclists, other Nordic walkers and joggers, as the trail is as popular as it is scenic. In time, you will pause for a quintessential Norwegian snack of brunost, a brown cheese that is surprisingly sweet because the milk whey is cooked until the lactose sugars caramelize. The route back will be different but equally breathtaking.

- Enjoy the benefits of Nordic walking, which burns more calories than traditional walking.
- Follow a picturesque two-mile route through Stavanger and beyond.
- Stop to snack on brunost, a quintessential Norwegian snack of brown cheese.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes about three hours of walking and standing with some uneven surfaces and steps to negotiate. It is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour.



Easy Activity
Culinary Discovery
Oceania Select



Moderate Activity
Food & Wine Trails
Accessible Tour



Strenuous Activity
Go Local Tour



Meal Included
Wellness Tour



Evening Excursion
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❖ SKAGEN, DENMARK

SKG-004 SAEBY AND VOERGAARD CASTLE

Duration: 6.00 Hrs **Tour Price: \$179.00**



Date: August 29, 2022 10:30 AM

Compare and contrast as you visit a Danish seaside village with medieval roots and tour a beautiful but notorious Renaissance castle in the country. The journey begins with a drive along the gorgeous Jutland coast, a destination in itself. Turning inland, the setting changes entirely as you come upon a huge, red-brick castle sitting behind a wide moat. Voergaard is widely considered Denmark's most beautiful Renaissance-era castle, but it also has a darker side. During your tour, you'll hear tales and even see evidence of some very cruel goings-on in the dungeons. But beauty wins out here, as you view Voergaard's estimable private art collection. You might see Napoleon's dinner service, Marie Antoinette's personal effects, Ming vases or paintings by Rubens, Raphael and El Greco. For sheer oddity, nothing beats the room with leather wallpaper made from long-ago-hunted wild board skins. On your visit to the coastal market town of Saeby, things get a bit cheerier though not much more modern. Following a guided visit to St. Mary's Church, where 16th-century frescoes depict the Virgin Mary's parents, you'll have free time to explore other intriguing landmarks in Saeby's old quarter and grab a bite of lunch independently.

- Settle back and enjoy the gorgeous scenery on a coach drive south along Jutland's coast.
- Tour Voergaard Castle, a Renaissance landmark full of world-class art and artifacts – and dark secrets.
- See holy 16th-century frescoes in St. Mary's Church in the classic Danish coastal town of Saeby.
- Explore other Saeby landmarks including a watermill and a hospital and almshouse from the 1500s.
- Find the lunch of your choice with free time in this cobbled, visitor-friendly town.
- Wear layered, weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 2.5 hours of easy-to-moderate walking and standing. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. The tour sequence may vary.

SKG-006 HIRTSHALS BUNKER MUSEUM & BOERGLUM ABE

Duration: 7.00 Hrs **Tour Price: \$209.00**



Date: August 29, 2022 10:30 AM

Experience three very different Jutland attractions in a single, comfortably-paced excursion: a German WWII bunker, a seaside artists' colony and Denmark's oldest abbey. Each of this day's destinations offers its own fascination; together they paint a comprehensive picture of Jutland's unique history. A drive through beautifully rugged northern coastal terrain leads to an inspection tour of Hirtshals Bunker Museum, Denmark's only fully excavated German defense complex. Overlooking the North Sea, this outdoor museum showcases more than 50 bunkers, machine gun emplacements and searchlights. The scene is much quieter and calmer at seaside Lønstrup, sheltered from the sea by dunes and little changed from its earliest days as a fishing village. It's a setting is so inspirational, a colony of contented artists has settled here – offering their paintings, hand-blown glass and jewelry in small studio shops. You'll have free time here for lunch on your own and soak up the charm. In contrast to Lønstrup's bohemian vibe, pious austerity reigns at 11th-century Boerglum Abbey, now a private 85-room estate after centuries spent as a royal residence, monastery and manor house. It remains an amazing setting, as you will soon discover when browsing the welcome center, church, kitchen and stables.

- Travel through Jutland by panoramic coach on a wide-ranging tour covering three diverse attractions.
- Explore Hirtshals Bunker Museum, a fully-excavated German coastal defense complex from WWII.
- Enjoy free time and lunch on your own in Lønstrup, an idyllic fishing village filled with sheltered cottages and artist workshops.
- Tour the church, kitchen and stables of 11th-century Boerglum Abbey, now an 85-room private estate.
- Wear weather-appropriate clothing; include a sweater or light jacket.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes some 3 hours of easy-to-moderate walking and standing, plus any additional done at guests' discretion during free time. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. The tour sequence may vary.



Easy Activity

Culinary Discovery

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Moderate Activity

Food & Wine Trails

Accessible Tour



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SKG-003 DISCOVER SKAGEN ON FOOT

Duration: 3.00 Hrs **Tour Price: \$119.00**



Date: August 29, 2022 10:45 AM, 01:30 PM

Enjoy a carefree walk through Skagen, Denmark's northernmost town, and see historical boathouses, famous artists' residences, and a museum where many of their paintings hang. Skagen has long been revered for its unspoiled coastal beauty and magnificent light – attributes that have drawn painters here in droves since the 1870s. This guided stroll along pedestrian-friendly streets will give you a delightful taste of the town. The harbor is especially picturesque, with its red wooden boathouses and mix of rugged fishing trawlers and sleek yachts. In town, you'll likely notice how many homes are painted yellow; in fact, the color is so prevalent here, it's become known as Skagen yellow and appears in many of the paintings created here. You'll pass the homes of famous Skagen artists as you walk, then see many of their best canvases for yourself on a visit to the Skagens Museum, filled with works from the area's peak 1870-1930 years as an artists' colony. You'll even see an entire dining room installed here – lock, stock and paintings – from Brøndum's Hotel, where the gang held court and inspired each other during Skagen's artistic heyday. Chances are, you'll feel inspired by this irresistible town, too.

- Stroll the charming streets of a tranquil artists' mecca at the very top of Denmark's Jutland peninsula.
- See the rustic marina boathouses, a town hotel with history and more yellow buildings than you can count.
- Browse the luminous paintings at the Skagens Museum and witness the famous Skagen light captured on canvas.
- Spend time in a carefree, car-free environment, walking and browsing at a leisurely pace.
- Wear layered, weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 2.5 hours of easy-to-moderate walking and standing. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. The tour sequence may vary.

SKG-001 SKAGEN CITY TOUR & SANDWORM

Duration: 3.50 Hrs **Tour Price: \$139.00**



Date: August 29, 2022 11:00 AM

Ride a sand trolley to the absolute tip of Denmark, browse paintings capturing Skagen's famous light, and see what's left of the ancient sand-covered church at Grenen. This wondrous part of the world is known for its beaches, coastal cliffs and heathlands. But more than anything, North Jutland is revered for the marvelous quality of its light. Artists have been drawn here for generations, hoping to capture it all on canvas. You'll enjoy seeing their best attempts at the Skagens Museum, founded to preserve important works painted during the area's peak prominence as an artists' colony. You'll even see an entire dining room from a popular Skagen hotel the painters used to hang out at – moved lock, stock and paintings into the museum as a permanent exhibit. To get a better look at the landscape they so often painted, you'll board a Sandworm tractor trolley to ride out to the tip of a finger of sand where the Baltic and North Sea meet. You can actually stand in the water here, one foot in each sea. Nearby is perhaps Skagen's most curious landmark, the Buried Church – sitting atop Northern Europe's largest migrating sand dune. Well, not quite "atop" anymore.

- Discover the artistic and natural beauty lurking at the far northern tip of Denmark's Jutland peninsula.
- Take in the luminous paintings at Skagens Museum, idealizing 1870-1930 life in this artists' colony.
- Ride a tractor-pulled trolley up the beach to stand at the exact point where two great seas meet at Grenen; dip a toe in each's water if you dare.
- Visit a 14th-century church that's been swallowed nearly whole by the migrating sands it was built on.
- Wear weather-appropriate clothing, include a sweater or light jacket.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 2 hours of moderate walking and standing. There are sandy surfaces at some stops but walking there is optional. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. The tour sequence may vary.



Easy Activity

Culinary Discovery

Oceania Select



Moderate Activity

Food & Wine Trails

Accessible Tour



Strenuous Activity

Go Local Tour



Meal Included

Wellness Tour



Evening Excursion

Oceania Exclusive

OCEANIA CRUISES®

OPTIONAL SHORE EXCURSIONS

SKG-002 SKAGEN BY BIKE

Duration: 2.50 Hrs **Tour Price:** \$139.00



Date: August 29, 2022 **11:00 AM, 02:00 PM**

Enjoy a leisurely two-wheeled spin that brings you past intriguing Skagen landmarks like a sand-buried church, artists' hideaways and a Danish royal family mansion. You'll be pedaling into an environment famed for its natural beauty and magnificent light, drawing painters here like moths to a flame. This long-thriving art colony also caught the eye of the Danish royal family, who built Klitgarden here in 1914 as their summer residence. No longer royal, this sizable and plush beachfront shack now known as the Dune House is a retreat where painters, authors and imaginative scientists can share ideas and revel in the luminosity of it all. You'll also coast by the former homes of other beloved artists and poets, including the one who first put Skagen on the art colony map back in the 1870s. Even back then, the Buried Church you'll see at Grenen was already under the sand. Built long before almost anything else here, it sits under a giant migrating dune – with nothing but its tower left visible above the shifting sands. One final curiosity you'll encounter is Vippefyret, a bascule lantern that raises a flaming basket high aloft as a navigational aid. It's a 17th-century thing.

- Cycle amidst artistic and natural beauty on the far northern tip of Denmark's Jutland peninsula.
- With your guide leading the way, have close encounters with some of Skagen's most intriguing sights.
- Visit the 14th-century church that's been swallowed nearly whole by migrating sands it was built on.
- Pass ex-royal residence Klitgarden, now a grand artists' retreat, and the homes of other known artists and writers.
- Stop at Vippefyret and discover what a wonderful throwback a bascule lantern is.
- Wear layered, weather-appropriate clothing.
- Flat, closed-toe walking shoes are required.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 2 hours of moderate to strenuous cycling with some inclines included. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition and comfortable on a bicycle. There are no restroom stops included. The tour sequence may vary.



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Oceania Exclusive

Executive Collection

These exclusive arrangements are designed to allow you the chance to customize your time ashore and discover the most interesting sights in the comfort and privacy of your own vehicle. With your private car or van and the personalized attention of your driver and English-speaking guide, you will have the flexibility and independence to design your itinerary ashore according to your own interests and sightsee at your own pace. See the most famous sights or go beyond to create your own intimate and unique cultural encounters.

The Executive Collection is recommended for the single/solo traveler, couples, family, friends and special interest groups traveling together. It can also be an excellent choice for the physically challenged guests.

Car capacity: 2 Guests

Van capacity: 4 to 6 Guests

Pricing is per vehicle

Note: Private cars and vans are ordered per vehicle (not per person), only one person in the party needs to order the vehicle. The price shown is the total cost for the vehicle, driver and English-speaking guide. Entrance fees for sightseeing are not included in many ports. The number of vehicles available is extremely limited, so guests are encouraged to make their private car reservations as early as possible.

❖ NUUK, GREENLAND

Full day private CAR: \$1,559	Duration: 8.00 Hrs	Half day private CAR: \$899	Duration: 4.00 Hrs	Date: Aug 21,2022
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❖ STAVANGER, NORWAY

Full day private CAR: \$1,499	Duration: 8.00 Hrs	Half day private CAR: \$899	Duration: 4.00 Hrs	Date: Aug 28,2022
		Half day private VAN: \$1,899	Duration: 4.00 Hrs	Date: Aug 28,2022
Full day private VAN: \$2,699	Duration: 8.00 Hrs			Date: Aug 28,2022
Full day private VAN: \$1,899	Duration: 8.00 Hrs	Half day private VAN: \$1,199	Duration: 4.00 Hrs	Date: Aug 28,2022

❖ SKAGEN, DENMARK

Full day private CAR: \$1,959	Duration: 8.00 Hrs	Half day private CAR: \$1,199	Duration: 4.00 Hrs	Date: Aug 29,2022
		Half day private VAN: \$1,799	Duration: 4.00 Hrs	Date: Aug 29,2022
Full day private VAN: \$2,499	Duration: 8.00 Hrs			Date: Aug 29,2022
Full day private VAN: \$1,999	Duration: 8.00 Hrs	Half day private VAN: \$1,199	Duration: 4.00 Hrs	Date: Aug 29,2022



Easy Activity

Culinary Discovery

Oceania Select



Moderate Activity

Food & Wine Trails

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Strenuous Activity

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Meal Included

Wellness Tour



Evening Excursion

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OCEANIA CRUISES®

OPTIONAL SHORE EXCURSIONS

What is Included?

Transportation:

Licensed and insured late-model coaches, mini-vans and/or automobiles, watercraft and other modes of transportation are utilized.

Meals and Refreshments:

Meals and/or refreshments are included only when indicated in the tour description.

Guides:

Licensed, English-speaking local guides accompany all tours.

Entrance Fees:

Tours include all required admission fees where applicable.

What Should I Wear?

When taking a shore excursion, comfortable walking shoes, loose comfortable clothing, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater or jacket. And don't forget your camera!

Cancellations and Refunds:

- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.
- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance.
- Unlimited Passport Collection and Your World Collection packages are fully refundable prior to embarkation of your cruise. Unlimited Passport Collection and Your World Collection packages that are cancelled after embarkation will incur a 100% cancellation fee.
- A la carte tours are fully refundable until 36 hours in advance of the tour. A la carte tours cancelled less than 36 hours in advance of the tour will incur a 100% cancellation fee.
- In the event of a port cancellation, guests who have purchased a Your World Collection or Unlimited Passport Collection will receive a pro-rata refund for that port based on the price paid. Guests who have purchased an a la carte excursion for a port that is cancelled will receive a full refund.
- No refunds or credits will be given for individual Your World Collection tours not taken, unless the tours are cancelled by Oceania Cruises.

Prices, Itineraries and General Information:

- All pre-reserved shore excursions will receive priority confirmation over those booked onboard.
- The discount of up to 25% off a la carte excursion prices that is offered with the Your World Collection is subject to a minimum number of excursions that must be purchased. This minimum is based on the number of port days on your cruise.
- Shore excursion prices are subject to change to meet unexpected cost increases or currency fluctuations. Once excursions have been purchased, pricing is guaranteed and not subject to change.
- The information contained in this document was current at the time of printing; however, changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) maybe limited or denied. In such instances, adjustments in excursions itinerary will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please reserve tours early to avoid disappointment.
- Oceania Cruises reserves the right to require guests to complete a liability waiver for select shore excursions. For more information, please consult the Destination Services Desk.

Please note:

While the greatest care has been taken to offer the finest services available, Oceania Cruises will not be held responsible for any event or omission during the time that guests are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodations, ground transfers and shore excursions, are made by Oceania Cruises with the suppliers of the services for the convenience of our guests. Each guest agrees not to hold Oceania Cruises, its owners, employees, agents or representatives liable, in the absence of its own negligence, for any loss, injury, expense or damage which results directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase. Arrangements with independent contractors include but are not limited to services, products and transportation provided elsewhere than onboard an Oceania Cruises vessel in connection with tours, whether arranged or organized by tour operators, travel agents or Oceania Cruises. Tours including hotel accommodations and transportation by any vessel not owned or operated by Oceania Cruises or by air, rail or land are not under the supervision and control of Oceania Cruises.



OCEANIA CRUISES®

OPTIONAL SHORE EXCURSIONS

Important Information:

Notwithstanding that Oceania Cruises, at the guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Oceania Cruises, being a "for profit entity," earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

Notice:

All Oceania Cruises shore excursion fares are per person, are subject to change and are subject to availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Oceania Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion descriptions and information contained in this shore excursion book are subject to change without notice at Oceania Cruises' discretion. Oceania Cruises is not responsible or liable for typographical errors, omissions or misprints.