



SMALL GROUP
Maximum of
24 Travelers

**LAND
JOURNEY**

Norwegian Fjords & Midnight Sun

Oslo | Bergen | Tromsø

Inspiring Moments

- ▶ Marvel at spectacular, glacier-carved **Aurlandsfjord** on a cruise.
- ▶ Discover wild grandeur and local traditions **above the Arctic circle in Tromsø.**
- ▶ Savor northern Norway's **midnight sun**, an endlessly golden summer sky.
- ▶ Explore fascinating facets of Norwegian culture in **cosmopolitan Oslo.**
- ▶ Admire Norway's resplendent beauty on picturesque journeys aboard the **Flåm and Bergen Railways.**
- ▶ Enjoy **Bergen's enchanting ambience** as you meander along cobblestone lanes.
- ▶ Play with **adorable husky puppies** and learn about Arctic dogsledding at a kennel.
- ▶ Take in the colorful charm of Bergen's old wharf, a **UNESCO World Heritage site.**

INCLUDED FEATURES

Accommodations (with baggage handling)

- **3 nights** in Oslo, Norway, at the first-class Radisson Blu Scandinavia Hotel, Oslo.
- **3 nights** in Bergen at the first-class Radisson Blu Royal Hotel, Bergen.
- **3 nights** in Tromsø at the first-class Radisson Blu Hotel, Tromsø.

Transfers (with baggage handling)

- All transfers in the Land Program: flight, trains and deluxe motor coaches.

Extensive Meal Program

- 9 breakfasts, 5 lunches and 3 dinners, including a Farewell Dinner with wine; tea or coffee with all meals.

Your One-of-a-Kind Journey

- **AHI Travel Assurance** plan that covers Accident and Sickness Medical Expense, Trip Delay and Emergency Evacuation for U.S. residents.
- **Discovery excursions** highlight the local culture, heritage and history.
- Expert-led **Enrichment programs** enhance your insight into the region.
- **AHI Sustainability Promise:** We strive to make a positive, purposeful impact in the communities we visit.
- Free time to pursue your own interests.
- Welcome Reception.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.

Activity Level: We have rated all of our excursions with activity levels to help you assess this program's physical expectations. Please call or visit our website for full details.

Itinerary

- Day 1** Depart gateway city✈
- Day 2** Arrive in Oslo and transfer🔄 to hotel
- Day 3** Oslo
- Day 4** Oslo
- Day 5** Board Bergen Railway | Bergen
- Day 6** Bergen
- Day 7** Board Flåm Railway | Cruise on Aurlandsfjord | Bergen
- Day 8** Fly to Tromsø | Tromsø
- Day 9** Tromsø
- Day 10** Tromsø
- Day 11** Transfer🔄 to airport and depart for gateway city✈

✈Flights and 🔄transfers included for AHI FlexAir participants.

Note: Itinerary may change due to local conditions.



Midnight sun in Tromsø



**Oregon State University
Alumni Association**

Discovery

Oslo Overview & Ski Culture. Admire Oslo's top sites, including the vibrant Aker Brygge Wharf and the Royal Palace, on a scenic drive. In leafy Vigeland Park, stroll to see sculptures by renowned artist Gustav Vigeland. Then, delve into Norway's 4,000-year history of skiing at Holmenkollen and its Ski Museum. From atop this lofty Olympic ski jump, enjoy sweeping views across Oslo.

Norwegian Art & Seafaring. View works by Norway's internationally acclaimed artist Edvard Munch, including "The Scream," at the Munch Museum. Later, learn about the gripping voyages of explorer Thor Heyerdahl at the Kon-Tiki Museum. Finish with a cruise on Oslofjord to behold Oslo from the water!

Bergen Railway. Stunning vistas unfold as you travel to Bergen on Europe's highest altitude railway along one of the world's most scenic train routes. Cross a plateau at more than 4,000 feet above sea level, and pass lovely fjords, waterfalls and emerald forests.

Bergen. Surrounded by seven mountains, cozy Bergen delights with its captivating setting. Tour the historic wharf, Bryggen, a major trading hub for the medieval Hanseatic League. See King Haakon's Hall and other landmarks before visiting the hilltop summer home of revered composer Edvard Grieg.

The Best of Norway. Thrill to one of the world's steepest train rides aboard the Flåm Railway amid Norway's incomparable splendor. Snake past snow-dusted peaks and through mountain tunnels to pristine Aurlandsfjord, a branch of the Sognefjord, Norway's longest fjord. Cruise on this lush waterway to Gudvangen, then relish the Voss district's idyllic landscapes afterward.

Tromsø Overview. During the summer, the sun never sets here, a phenomenon due to Tromsø's position north of the Arctic Circle and the Earth's tilted axis. Discover what this unusual event is like during your stay! Visit the unique Arctic Cathedral and ride a cable car up Floyfjellet Mountain for awe-inspiring views of Tromsø and its environs.

Nature & Culture of Northern Norway. Begin with a look at Arctic wildlife at Polaria, featuring an aquarium and playful seals, and then find out what thrives in this climate at a botanical garden. At the Arctic University Museum of Norway, explore the rich culture of the indigenous Sami people with exhibits on reindeer herding, crafts and *joik* music.

Arctic Dogsledding. Learn about sledding and training at a working kennel, then enjoy cuddling with the friendly husky puppies!

Tromsø Fjord Cruise. Revel in the North's majestic coastal scenery and wildlife while cruising along bays, straights and fjords.

Enrichment

- ▶ Contemporary Norway
- ▶ The Fjords of Norway
- ▶ Life in the Arctic Circle



UNESCO World Heritage

Bryggen

– The medieval Hanseatic League wharf in Bergen.



Bryggen



Oslo

Accommodations

- Radisson Blu Scandinavia Hotel, Oslo** ○○○○○
- Radisson Blu Royal Hotel, Bergen** ○○○○○
- Radisson Blu Hotel, Tromsø** ○○○○○



The information in this flier is correct at the time of printing. Please visit our website to ensure that you receive the most current information.

AHI Sustainability Promise

We strive to make a positive, purposeful impact in the communities we visit, whenever possible.

Environmental Impact | Thoughtful choices to minimize our environmental footprint: eco-friendly transportation, guided walks in lieu of bus tours and less plastic waste.

Social Impact | Ongoing initiatives to support local businesses that employ and benefit people in the community. Curating meaningful experiences by staying in intimately sized locales instead of cities affected by overtourism.

Economic Impact | Community-based tourism using expert local guides and lecturers, plus program scheduling during quieter, "shoulder seasons."

AHI Travel Expertise

Passenger Service Representative | Helps with everything from arranging flights to fulfilling special requests.

Travel Director | Manages all details to ensure a memorable trip.

Travel information | Prepares you fully for your journey.

Expert local guides and lecturers | Provide friendly, knowledgeable service and share their passion for their country.

Let us arrange your flights!

AHI FlexAir | Our **personalized air program** features transfers, assistance and flexibility.

DATES & PRICES

June 25 – July 5, 2023

From Price **\$5,245**

Special Savings **\$250**

Special Price \$4,995

VAT is an additional \$495 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single accommodations are an additional \$945 (limited availability).